

What have I previously learned?

Prior Learning - Year 1 Statements	Prior Learning - Year 2 Statements
<p>Pupils should be taught to:</p> <ul style="list-style-type: none"> identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals identify and name a variety of common animals that are carnivores, herbivores and omnivores describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals, including pets) 	<p>Pupils should be taught to:</p> <ul style="list-style-type: none"> notice that animals, including humans, have offspring which grow into adults find out about and describe the basic needs of animals, including humans, for survival (water, food and air) describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

Vocabulary - Goldilocks words

Word	Definition
Nutrition	The process of providing or obtaining the food necessary for health and growth.
Muscles	Muscles are attached to bones by tendons and help them to move. When a muscle contracts it gets shorter and pulls on the bone it is attached to.
support	To bear all or part of the weight of something- hold up.
carbohydrates	Carbohydrates are found in food and provide our bodies with energy. They include sugar and starch.
vitamins	Vitamins are nutrients your body needs to function and fight off disease.
minerals	Minerals are nutrients found in food which is required by our body to develop and function properly.

Useful links

- [Cooking and nutrition - Year 5/6 & P6/7 Design and Technology Topics - Home Learning with BBC Bitesize - BBC Bitesize](#)
- [Front of pack label The Eatwell Guide - YouTube](#)
- [Broken a bone? - Explorify](#)
- [Science for kids | BREAKING BONES | Experiments for kids | Operation Ouch - YouTube](#)
- [Learn the bones of the human body with the Bones Song! - YouTube](#)
- [Y3 Label the skeleton - Labelled diagram \(wordwall.net\)](#)
- [How do our muscles and bones work? | BBC Teach - YouTube](#)

Sticky Knowledge

Animals, unlike plants which can make their own food, need to eat in order to get the nutrients they need.

Food contains a range of different nutrients - carbohydrates (including sugars), protein, vitamins, minerals, fats, sugars, water - and fibre that are needed by the body to stay healthy.

A piece of food will often provide a range of nutrients.

Humans, and some other animals, have skeletons and muscles which help them move and provide protection and support.

Prompts to help me in my learning

