

What have I previously learned?

- Know some ways to prepare ingredients safely and hygienically.
- Have some basic knowledge and understanding about healthy eating and The Eatwell Guide.
- Have used some equipment and utensils and prepared and combined ingredients to make a product.

Glossary

- **Appearance** - how the food looks to the eye.
- **Texture** - how the product feels in the mouth.
- **Sensory evaluation** - evaluating food products in terms of the taste, smell, texture and appearance.
- **Preference test** - trying different foods and deciding which you like best.
- **Strawberry huller** - tool to remove the stalk and leaves from a strawberry.
- **Processed food** - ingredients that have been changed in some way to enable them to be eaten or used in food preparation and cooking.

Vocabulary - Goldilocks words

Word	Definition
prototype	A prototype is a new type of machine or device which is not yet ready to be made in large numbers and sold.
combine	Join or merge to form a single substance.
refine	Make minor changes to improve something.
modify	Make partial or minor changes to something.
product	An article or substance that is manufactured for sale.
aesthetic	Aesthetic is used to talk about beauty or art, and people's appreciation of beautiful things.

Prompts to help me in my learning.



Safe cutting techniques

Useful links

- <https://www.youtube.com/watch?v=lTfVOAOPUL4>
<https://www.youtube.com/watch?v=qQVjc3b9LS8>

4 STEPS TO FOOD SAFETY

