

What have I previously learned?

What are healthy choices and habits.
What affects feelings; expressing feelings.
What are personal strength and achievements.
How to manage setbacks.
Understand risks and hazards.
Recognise safety in the local environment and unfamiliar places.

Sticky Knowledge

I can say what makes a positive friendship and families.
I can discuss how to respond to hurtful behaviour.
I can respect differences and similarities, discussing them sensitively.
I can manage risks confidentially online, while recognising these risk.

Vocabulary - Goldilocks words

Word	Definition
Food chart	The way a person or group of people live.
Blood pressure	Measures how the heart pumps blood around the body.
inappropriate	Not right for or suited to the situation or purpose. Not appropriate.
Nervous	Feeling fearful or frightened.
Legal drug	Substance such as caffeine, alcohol or over-the counter medication. These may have age-restrictions.
Drug	Something a person can take to change the way they think, feel or behave.

Prompts to help me in my learning

Medicine labels analysis



Useful links: