

Headteacher's Newsletter 10th May 2024

Dear Parents and Carers,



Mental Health Awareness Week

This week in assembly we have shared with the children the importance of how to take care of their mental health. Next week is Mental Health Awareness Week. The theme of this week is **'Movement: Moving more for our mental health'**. We all know the benefits of moving physically and the impact that this can have on our minds. When we exercise, our body releases Endorphins which are crucial to stabilising our moods, decreasing symptoms of depression and anxiety.

Here are some useful resources that you may want to access:

[Mental Health Awareness Week | Mental Health Foundation](#)

[Mental Health Awareness Week 2024 - Mind](#)

[Mental health awareness days - Mental Health UK \(mentalhealth-uk.org\)](#)

Please see attached poster showing events across Oldham for Dementia Action Week.

Year 6 SAT week

Well it is almost time for our year 6 children to demonstrate their capabilities in the SAT tests next week. They have been working so hard for this time and we wish them a restful weekend and all the very best for next week. We look forward to welcoming them in breakfast club at 8.30am.

Parent Questionnaire

All our families will have received a paper copy of the parent/carer questionnaire, we would like families to complete and return to school. It would be great to hear your views about our school and also any improvements we can make.

Thank you for your continued support.



Let's get reading - BOOM Reader



"If you are going to get anywhere in life you have to read a lot of books." - Roald Dahl

Well done to all the children and families who have logged onto Boom reader. We are pleased to announce the most home reading logs recorded on Boom reader this week.

*Alexandra Park Junior School, Brook Lane, Oldham, OL8 2BE
Headteacher: Mrs J.L. Seabright BEd NPQH PgCert*

Position	Name	Reads at home
First Place	Aleena Ahmed Class 6	12 parent reads
Second Place	Zara Yasin Class 8	8 parent reads
Third Place	Aadam Khan Class 3	6 parent reads



Spelling Shed Winners

Place	Total points awarded for correct spellings	Child
First Place	15,970,368	Ameen Assad – Class 10
Second Place	5,320,232	Mustasim Muhammad – Class 4
Third Place	4,625,580	Lyara Sanches – Class 8



TT Rockstars – CELEBRATIONS!

The most accurate Class	Class 8
The most active Class	Class 4
The most improved speed	Ibrahim Amin Class 11
The most active player	Aqdas Nadeem Class 5

Word Aware

This week's word is 'shaky'.

Please encourage your child to use this word when out and about.



Attendance

Superb attendance again this week whole school was 95%. Well done to these classes for achieving 95% or above:

Classes 1, 2, 5, 6, 10 and 12.

Classes 12 will receive waffles this morning for the highest attendance.





Food vouchers

RE: Food Vouchers to cover the May school holiday 2024.

You may have read in the local media that Oldham Council has been allocated funding to support vulnerable residents through its Household Support Fund. Some of this funding will be used to cover food voucher support for children eligible for means tested Free School Meals over school holidays.

We want to ensure that those eligible for free school meals on the grounds of low income receive a food voucher to cover the holiday at a rate of £15 per eligible child.

The most effective way of ensuring vulnerable families receive the vouchers that can be used in the Oldham supermarket of their choice is via a third-party online hub – known as WONDE. WONDE is a data integration company already used by many schools in Oldham who offer a free school meal voucher system. This voucher system has a live link to your school's data therefore automatically recognises the students who are eligible for Free School Meals. The system should be quick and easy to use and produces the vouchers that can be used in most Oldham supermarkets.

If your child is entitled to income based free school meals, please look out for an email and/or text confirming that your voucher has been issued.

For more information go to: <https://help.evouchers.com/hc/en-gb>

This includes a step-by-step guide of how to access the vouchers (once your school has issued them to you).

If you have any questions, please contact the school in the first instance.

For any families that are really struggling for food and provisions over the school holiday, please visit the Oldham Council website www.oldham.gov.uk/wecanhelp which lists financial support and benefits that are available for residents.

Youth Travel Ambassador

Transport for Greater Manchester (TfGM) are opening up the Youth Travel Ambassador programme again for secondary schools across GM. Please find a flyer attached.

The programme provides young people aged 11–19 with the skills and confidence to address transport issues affecting their school community. With support from TfGM and school staff, the programme team research and develop behaviour change campaigns, focusing on active travel. They then deliver the campaign to the rest of the school, encouraging them to walk, wheel and cycle more often.

Saddleworth have found the programme to be beneficial and have delivered some exciting and impactful activity at their school. We'd love other schools, academies and colleges to take part, especially given some of the travel/transport issues that you face.

To express an interest please email: Active.travel@oldham.gov.uk

Health Update

Please find attached the Infant Feeding and Oral Health Newsletter May 2024 to share with your colleagues and teams to keep updated on local information and initiatives.

