



**Week
1**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sweet chilli chicken
noodles

Wholemeal pasta
and Quorn
Bolognese

Roast chicken and
Yorkshire pudding

Creamy chicken and
pasta bake
And garlic bread

Cheese and tomato
pizza

Vegetable roll

Cheese and tomato
roll

Tuna pasta Bake
and garlic bread

Vegetable Biryani
and wholemeal pitta

Vegetable curry with
a jacket potato

Wholemeal wrap
filled with tuna mayo
and salad

Fish star

Jacket potato with
cheese, beans and
salad

Egg mayonnaise
Sandwiches and
salad

mixed salad bowl

Baked beans
Home made
Potato wedges

Peas
Herby potatoes

Sliced carrots
Roast potatoes

Mixed vegetables
Garlic new potatos

Fries
Sweet corn

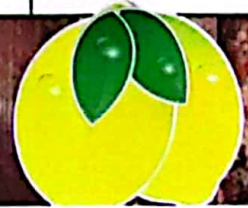
Cherry and oat
shortbread
Fruit yogurt
Fruit pots

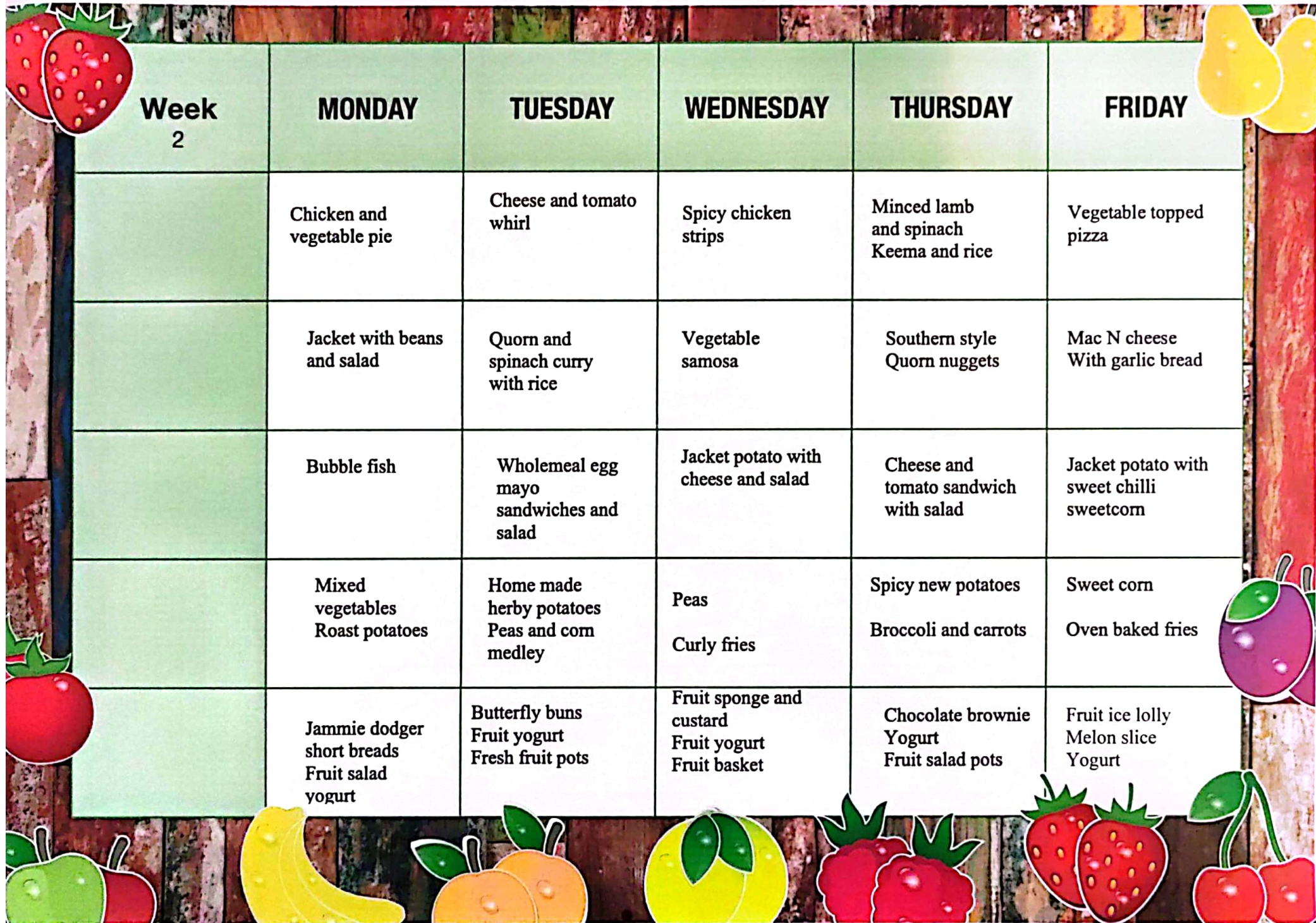
Chocolate topped
Fruity flapjack
Fruit salad
Yogurt

Fruit sponge and
custard
Fruit yogurt

Paris sandwich
Fruit yogurt
Melon slice

Chocolate chip
cookie
Yogurt pot
Fruit salad





Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken and vegetable pie	Cheese and tomato whirl	Spicy chicken strips	Minced lamb and spinach Keema and rice	Vegetable topped pizza
	Jacket with beans and salad	Quorn and spinach curry with rice	Vegetable samosa	Southern style Quorn nuggets	Mac N cheese With garlic bread
	Bubble fish	Wholemeal egg mayo sandwiches and salad	Jacket potato with cheese and salad	Cheese and tomato sandwich with salad	Jacket potato with sweet chilli sweetcorn
	Mixed vegetables Roast potatoes	Home made herby potatoes Peas and corn medley	Peas Curly fries	Spicy new potatoes Broccoli and carrots	Sweet corn Oven baked fries
	Jammie dodger short breads Fruit salad yogurt	Butterfly buns Fruit yogurt Fresh fruit pots	Fruit sponge and custard Fruit yogurt Fruit basket	Chocolate brownie Yogurt Fruit salad pots	Fruit ice lolly Melon slice Yogurt



WEEK
3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cheese and
onion roll

Spicy Chicken Wrap
and salad

Beef Keema with
Chick Peas and rice

Cheese and Bean
Pie

Beef Burger in a Bun

Wholemeal pasta
Bolognese and
garlic bread

Vegetable samosa

Quorn dippers

Tuna pasta bake
with garlic roll

Fish Burger

Wholemeal tuna
mayo wrap and
salad

Jacket with Cheese
and Salad

Egg mayonnaise
Wholemeal
sandwiches

Cheese and tomato
roll and salad

Jacket filled with
spicy sweetcorn

Home made herby
potatos

Potato Wedges

Peas

Roast Potatoes

Oven Baked Fries

Beans

Peas/Corn

New potatoes

Mixed Vegetables

Corn on the Cob

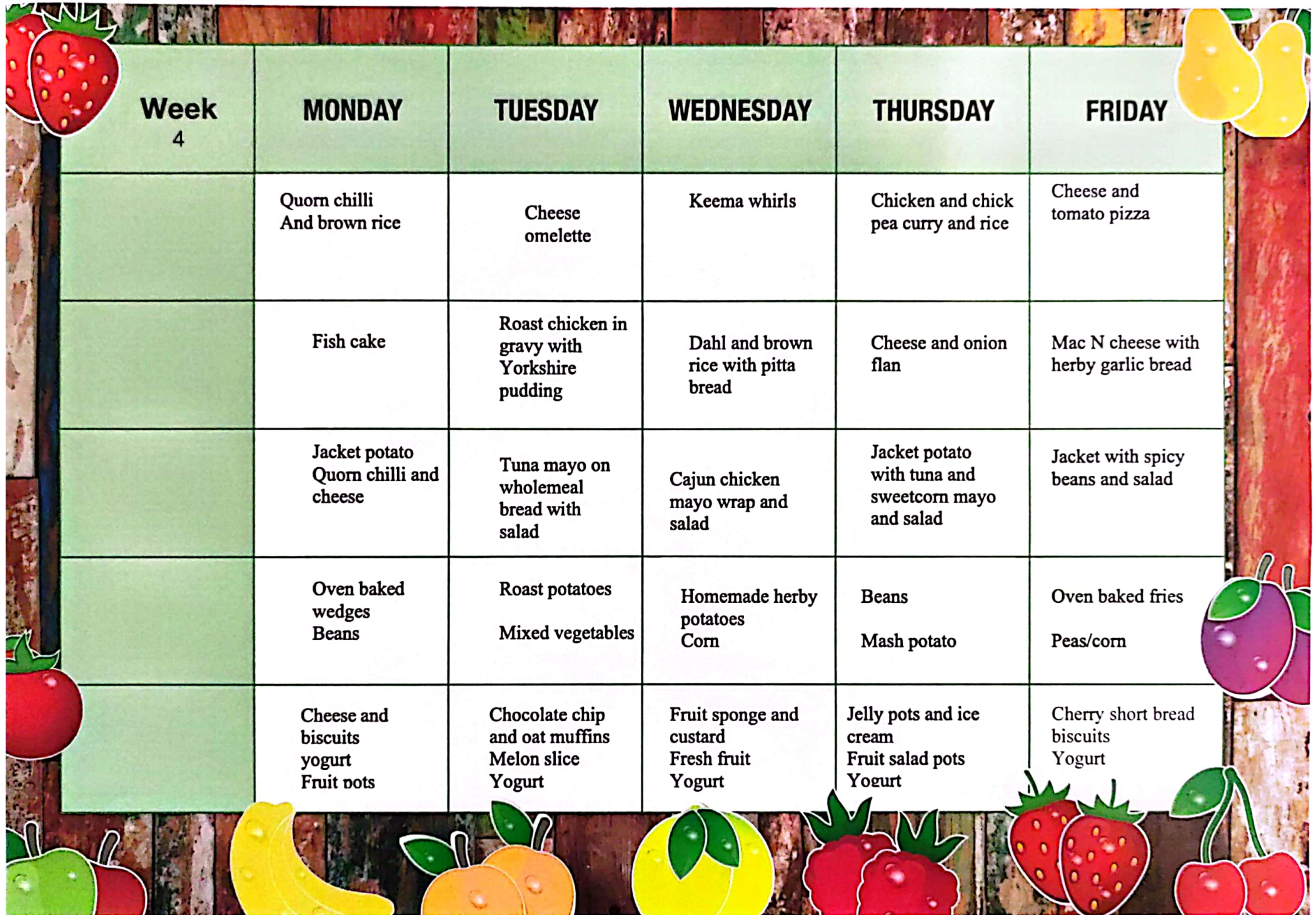
Fruit Mousse
Pineapple slices
Fruit Yogurt

Chocolate Chip
Cookies
Fruit Salad
Fruit Yogurt

Apple Sponge and
Custard
Fruit Basket
Fruit Yogurt

Fruity Short Bread
Fruit Salad
Fruit Yogurt

Artic Roll
Chocolate Dipped
Apples
Fruit Yogurt



Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Quorn chilli And brown rice	Cheese omelette	Keema whirls	Chicken and chick pea curry and rice	Cheese and tomato pizza
	Fish cake	Roast chicken in gravy with Yorkshire pudding	Dahl and brown rice with pitta bread	Cheese and onion flan	Mac N cheese with herby garlic bread
	Jacket potato Quorn chilli and cheese	Tuna mayo on wholemeal bread with salad	Cajun chicken mayo wrap and salad	Jacket potato with tuna and sweetcorn mayo and salad	Jacket with spicy beans and salad
	Oven baked wedges Beans	Roast potatoes Mixed vegetables	Homemade herby potatoes Corn	Beans Mash potato	Oven baked fries Peas/corn
	Cheese and biscuits yogurt Fruit pots	Chocolate chip and oat muffins Melon slice Yogurt	Fruit sponge and custard Fresh fruit Yogurt	Jelly pots and ice cream Fruit salad pots Yogurt	Cherry short bread biscuits Yogurt