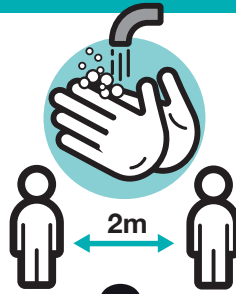# Oldham's top 10 tips for wearing face coverings

We all need to play our part in stopping the spread of Coronavirus

1 Hand hygiene and social distancing are still the most important action to take, even when wearing a face covering.

2 Make sure you put the face covering on the right way; avoid touching the front of the mask.

3 Wash your hands thoroughly using hand sanitiser before and after using your face covering.

4 Make sure the face covering fits comfortably and covers your nose and mouth; do not keep adjusting it.

5 Do not share your face covering – it is yours.

6 Do not remove your face covering to talk to anyone or use your phone.

7 You should clean any surfaces your face covering has touched with household cleaner – avoid putting your face covering down on multiple surfaces.

8 Wash your face covering regularly.

9 Dispose of your face covering properly in the normal way – do not litter.

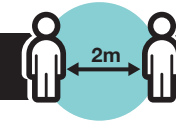**10** Store your face covering in a plastic bag until you use it again.

For more information visit: www.oldham.gov.uk/coronavirus

HANDS   FACE   2m   SPACE