



Instructions

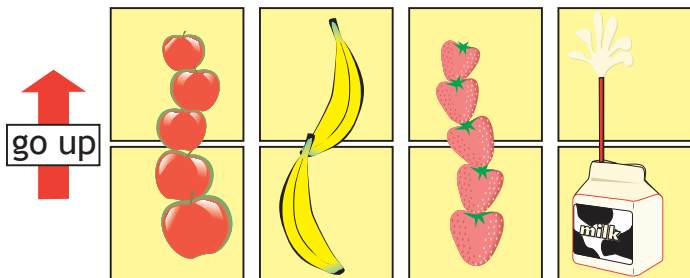
Play this game just like Snakes and Ladders but the difference is that you climb up the healthy snacks and move down the not-so-healthy snacks.

You need 2-4 players

Whoever throws the highest number on the dice goes first.

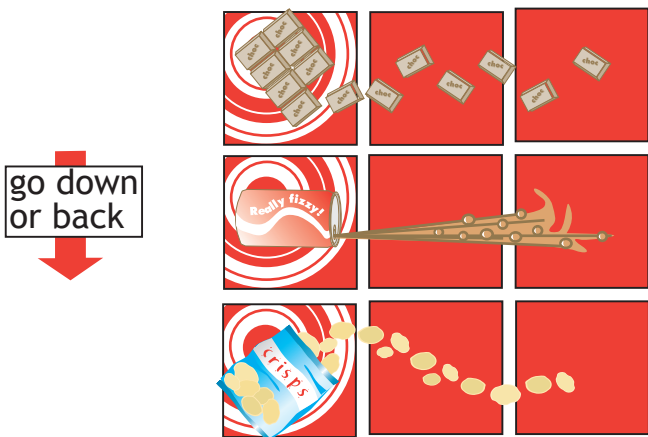
Healthy snack square

You've landed on a healthy snack square! Answer the question correctly and climb up the fruit ladder or milk straw



Not-so-healthy snack square

You've landed on a not-so-healthy snack square! Go back along the chocolate squares, crisps or fizzy drink.



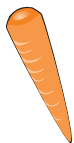
Special squares



You're a couch potato! Miss a turn.



On your skates! Go forward 2 squares.



Crunchy carrot! Go forward 1 square.



Rowett logo! Answer a question correctly go forward 6 squares, get it wrong and stay put.