## Science - Year 2

Animals incl. Humans - Block 2AH

# Healthy Animals 

## Session 4

## Resource pack

How many beats per minute can I feel?

| What was the exercise? | How did I feel? <br> Warm? Thirsty? <br> Out of breath? | How many beats per minute could I count? | I did this activity again and my heartbeat was... |
| :---: | :---: | :---: | :---: |
| My resting heartbeat (when I was just sitting down) | adjectives: $\qquad$ |  |  |
|  | adjectives: $\qquad$ |  |  |
|  | adjectives: $\qquad$ |  |  |
|  | adjectives: $\qquad$ |  |  |
|  | adjectives: $\qquad$ |  |  |

