## Click Here To Play Video



$$
\begin{aligned}
& ? \\
& ?
\end{aligned}
$$

1) How many parts does the average car have?
2) Which country produces the most coffee in the world?
3) Which country invented tea?


Today's Fun Fact
There were about 300 bones in your body when you were born, but by the time you reach adulthood you only have 206.

## DAILY QUOTE

"Optimism is a happiness magnet. If you stay positive, good things and good people will be drawn

## DAILY ACTIVITY

## Day 17

Take a selfie and note down 5 things you like


## WELLBEING \& MINDFULNESS




This is a Maths Puzzle. The objective is to fill a $5 \times 5$ grid so that each column and each row contains the digits 1 to 5. (Like a Sudoku)
The numbers in the corners of the outlined areas tell you a target number followed by a math operation. The numbers you put within each outlined area must equal the target number by using the math operation Solve this puzzle to work out the 6 digit code needed represented by the six boxes a-f


