



There are many ways to help to make your child's internet use a safe, worthwhile and enjoyable experience. The list below outlines some of the areas we discuss in school and are all linked to UK police guidelines about safer internet use. It would be extremely helpful if you could support these principles at home with your children too.

Ideas to support internet security at home and in school

- Discuss the ways in which your child uses digital technology and ask them to show you how they access particular websites.
- Get to know the applications and websites that your child uses, particularly social media.
- Try to get to know any 'online friends' that your child has, just as you would with their normal friends.
- Encourage your child to create a 'positive' digital footprint.
- Set clear boundaries for your child's online behaviour.
- Stay as up-to-date as possible with latest online developments.
- Discuss key safety issues with your child, such as:
 - *never arrange to meet with someone you have met online
 - *never give out personal information online
 - *the potential dangers of online chat rooms
 - *not opening files or emails from unknown sources
 - *communicating respectfully online.

Key Question:

What is cyberbullying?

Cyberbullying is any form of bullying or harassment that is carried out through an electronic means of contact.

Stat Bomb!

According to the NSPCC (2017), 1 in 3 children have been a victim of cyberbullying.

Key Question:

What is social media?

Social media are online technologies that allow for creating and sharing information through a virtual community or network.

The main aim of the above advice is to stimulate open discussion of internet safety with the children, encouraging them to be proactive and independent in helping to ensure their own security. In school, we also make it clear that children should always speak to a trusted adult if they experience anything that makes them feel uncomfortable while using the internet.

In the rapidly changing digital age, it would be impossible to predict the online security issues that may lie ahead, but we hope that, by supporting good practice at home and in school, we can help the children to meet these challenges in a confident manner.

Stat Bomb!

One in five 8-11 year olds has a social media profile (NSPCC 2017).

Please feel free to contact the school if you have any concerns related to the contents of this newsletter, or if you would like any further advice connected to the topic of internet safety.

Internet safety advice for parents



At Alexandra Park Junior School, it is part of our aim to keep parents and children informed about the latest developments and issues in digital education, this newsletter has been created to highlight some of the current thinking regarding internet safety and online behaviour.

Internet security is one of the most important areas of concern in the modern, computer-literate world, particularly due to the ease with which children can now access digital material, and we are committed to ensuring that our pupils are aware of safe online practice.

Our key internet safety aims in our school

- To introduce the children to safe internet practice.
- To provide the children with access to safe educational websites in class.
- To show the children the importance of being respectful online.
- To encourage the children to tell a trusted adult about any online concerns.
- To ensure that the children use safe search engines and/or highest security settings when online.
- To encourage the children to openly discuss their online practice and behaviour.

Stat Bomb!

According to the NSPCC (2017), 1 in 4 children have experienced something upsetting on social media.

Key Question:

What is a digital footprint?

A digital footprint is the information about a particular person that exists on the internet as a result of their online activity.

NSPCC

<https://www.nspcc.org.uk/p/reventing-abuse/keeping-children-safe/online-safety/>

Internet Matters

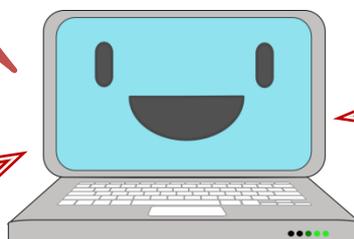
<https://www.internetmatters.org/>

CEOP

<https://www.thinkuknow.co.uk/>

Childnet

<http://www.childnet.com/resources/know-it-all-for-parents>



UK Safer Internet Centre

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>